



# Marching Griffins Band Camp Guide

July 29<sup>th</sup> - August 4<sup>th</sup>, 2007

Includes:

- ◆ Daily Itinerary
- ◆ Camp Rules and Guidelines
- ◆ Student Contact Information
- ◆ Packing Checklist



## Itinerary

### Saturday, July 28.....Loading Day

8:30 AM Parent helpers arrive

#### Check-in begins:

9:00 AM Marching Griffins whose last names begin with A-G

10:00 AM Marching Griffins whose last names begin with H-N

11:00 AM Marching Griffins whose last names begin with O-Z

#### Stop 1 - Medicine Check-In

Bring:

- Medicine Form
- Zip-loc bag containing all medicine\*\*

**\*\*Note:** New this year. New regulations require each student to provide their own supply of non-prescription medicine (i.e. Tylenol, Benadryl, Pepto-Bismol, etc.). Use of non-prescription medicine must be previously authorized by the student's physician.

#### Stop 2 - Luggage Check-In

Bring:

- One Suitcase
- One Sleeping Bag and/or Bedding
- Instrument and Case
- Pre label all personal items with your name, dorm, and room number.

ALL campers are expected to be here on time with a parent. A luggage check will be conducted of every piece of luggage before being loaded on the truck. Any "unacceptable" materials will either be taken or returned to member's



## Itinerary (cont.)

parent at that time. Medicine forms from all band members should also be turned in, along with any prescription or nonprescription medicine, even if no medicine is required or provided. Help from Band parents will be greatly appreciated to facilitate this process.

**12 Noon** Trucks loaded and locked

### Sunday, July 29

**10:30 AM** Chaperones meet in faculty lounge

**10:30 AM** Students meet in the Band Room

Please do not be late to this meeting. Final instructions will be given at this time. We intend to depart at 11:00 AM. Carry-on backpacks will be checked again prior to loading the bus. Only sealed beverage containers will be allowed on the bus. We will be traveling directly to Band Camp with only a brief rest stop near Bloomington.

**11:00 AM** Depart Lincoln-Way

**4:00 PM** Arrive at Camp

- Clean the busses
- Members need to unload all personal belongings from luggage truck
- Rooms may not be entered until chaperones inspect first
- Receive camp wrist bands which must be worn at all times

**5:00 PM** Combined MG Meeting - Auditorium

**5:30 PM** Dinner

**6:30 PM** Rehearsal - Auditorium

**9:30 PM** Evening activities begin (Indoor Pool, Rec. Center, Gyms)

**10:45 PM** Evening activities end

**11:00 PM** Everyone in their room (room check #1)

**11:30 PM** Taps & lights out (room check #2)



## Itinerary (cont.)

### Monday - Wednesday, July 30 to August 1

7:00 AM	Reveille (rise and shine; clean rooms)
7:15 AM	Full band stretching exercises and running
8:00 AM	Breakfast/Shower
8:40 AM	Full chaperone meeting - Gazebo
9:00 AM	Music & Marching Rehearsal- Practice fields
12 Noon	Lunch
12:45 PM	Free time begins (Beach and Outdoor Pool, Gyms)
1:45 PM	Free time ends
2:00 PM	Music/ Marching Sectionals - Auditorium & adjoining rooms
3:30 PM	Full Music Rehearsal
5:00 PM	Dinner
6:00 PM	Ensemble Rehearsal Auditorium /Practice Field
9:30 PM	Evening activities begin (Indoor Pool, Rec. Center, Gyms)
10:45 PM	Evening activities end
11:00 PM	Everyone in their rooms (room check #1)
11:30 PM	Taps & lights out (room check #2).

### Thursday, August 2

7:00 AM	Reveille (rise and shine; clean rooms)
7:15 AM	Full band stretching exercises and running
8:00 AM	Breakfast/Shower
8:40 AM	Full chaperone meeting - Gazebo
9:00 AM	Music & Marching Rehearsal- Practice fields
12 Noon	Lunch
12:45 PM	Free time begins (Beach and Outdoor Pool, Gyms)
1:45 PM	Free time ends
2:00 PM	Music/ Marching Sectionals - Auditorium & adjoining rooms
3:30 PM	Full Music Rehearsal
5:00 PM	Dinner
6:00 PM	Talent Show in Auditorium
8:30 PM	"Special Fun" Evening Activities
11:30 PM	Everyone in their rooms (room check #1)
12:00 PM	Taps & lights out (room check #2).



## Itinerary (cont.)

### Friday, August 3

7:00 AM	Reveille (rise and shine; clean rooms)
7:15 AM	Full band stretching exercises and running
8:00 AM	Breakfast/Shower
8:40 AM	Full chaperone meeting - Gazebo
9:00 AM	Music & Marching Rehearsal- Practice fields
12 Noon	Lunch
12:45 PM	Free time begins (Beach and Outdoor Pool, Gyms)
1:45 PM	Free time ends
2:00 PM	Music/ Marching Sectionals - Auditorium & adjoining rooms
3:30 PM	Full Music Rehearsal
4:30 PM	Griffins' Concert for Camp Williamson Staff
5:00 PM	Dinner
6:00 PM	Ensemble Rehearsal Auditorium /Practice Field
9:30 PM	Evening activities begin (Indoor Pool, Rec. Center; Gyms)
9:30 PM	Evening activities end
11:00 PM	Everyone in their rooms (room check #1)
11:30 PM	Taps & lights out (room check #2).

### Saturday, August 4

7:00 AM	Reveille (rise and shine; begin to pack; clean rooms)
8:00 AM	Breakfast/shower/pack
8:40 AM	Full chaperone meeting -- Gazebo
9:00 AM	Music and Marching Rehearsal - Practice Field
12 Noon	Lunch
12:45 PM	Final pack; clean room; load trucks; camp check-out
1:30 PM	Depart for Home-Sweet-Home
3:30 PM	Dinner stop
4:15 PM	Depart for LWE
6:30 PM	Approximate arrival at East; unload trucks; clean busses



## **Itinerary (cont.)**

ALL members are expected to remain and assist with the unloading and proper storage of equipment, bus cleaning, etc. until dismissed by Mr. Johnson.

*Parents: This process will go much faster if you help. The luggage truck will arrive at LWE approximately one half hour before the students arrive. In order for band members to be dismissed expediently, we need your help unloading the luggage. No student is allowed to leave prior to dismissal by Mr. Johnson*



## PARTICIPATION RULES & GUIDELINES

The Lincoln-Way tradition of excellence has been established primarily through the high standards of respect, cooperation, personal/organizational pride, and self-discipline. This is the tradition we all want continued. Campers are reminded to follow the following guidelines, rules, and procedures while away from Lincoln-Way East High School.

### **The attention of every Band Camper is called to the following:**

Band Camp is considered an extension of the Lincoln-Way East Campus. All relevant school rules as contained in the Lincoln-Way East "Parent-Student Handbook" are in effect and will be enforced. These are considered very serious violations and will not be tolerated. Specific behavior prohibited includes, but is not limited to:

#### **◆ General Dist. 210 School Rules**

- Dangerous weapons (carrying or possessing any type of article designed to do bodily harm including all types of knives or any other dangerous item)
- Deceitful activity (lying or attempting to deceive)
- Alcohol (See specific statement below)
- Drugs (See specific statement below)
- Gambling (any games of chance involving wagering)
- Insubordination (resisting authority or lack of respect for those in authority)
- Obscenity (obscene, profane, or vulgar language either written, oral, or expressed in symbols)
- Smoking (See specific statement below)
- Inappropriate social conduct (Loud, boisterous conversation or other attention seeking behavior/any type of public display of affection/intimacy and physical contact)
- Stealing (theft of school, camp, or personal property)
- Possession, use, distribution or sale of drugs, look alike drugs, drug paraphernalia, controlled substances, and alcohol, tobacco or tobacco products.



## PARTICIPATION RULES & GUIDELINES (cont.)

### ◆ General Marching Band Rules

- ALL forms of individual initiating, humiliation and/or "hazing" are inappropriate and are forbidden.
- No camper is to initially enter their assigned room until the chaperones have inspected for prior damage. Destruction and/or lack of respect for property will not be tolerated. The group will be charged for damages and these charges will be collected from the individuals involved.
- Keep off, and away from all private property. All activities are to be conducted in the areas provided.
- Rooms other than your own are "off-limits".
- The picnic and beach areas are considered "off-limits" after dark.
- The burning of candles, incense, or any open flame for that matter, is prohibited in all Lake Williamson buildings.
- No duct tape (it could cause damage that would be costly to repair.) Only Party Tac is acceptable.
- For your own safety, shirts and shoes are to be worn at all times.
- Tennis/Gym shoes must be worn in the gyms for all activities. No black soles are permitted in the gyms.
- Participants agree to adhere to curfew as announced, and to permit occasional room and baggage inspections ("Lincoln-Way High School Travel Policies submitted by all traveling Lincoln-Way East Band members).
- Participants agree to wear wristbands at all times as required by Lake Williamson. Replacement of lost wristbands will cost you \$5.00.
- Participants must take caution to safeguard their room keys. Lost keys will cost you \$10.00
- No cell phones will be allowed at camp. These are considered a distraction to what needs to be accomplished. Students may borrow a chaperone's phone if necessary to call home or use the pay phones provided by the camp.



## PARTICIPATION RULES & GUIDELINES (cont.)

### ◆ Lake Williamson Rules

- **Sports Equipment and Activities**

All of the athletic equipment is kept in the equipment room in the Activities Building except life jackets and oars, which are kept in the boathouse. You are responsible to check out equipment with our assigned staff and to see that all items are promptly returned and properly checked in.

SOFTBALL - 2 ball diamonds are provided in the field behind Williamson Lodge.

BASKETBALL- may be played in the gym or at the tennis court.

HORSESHOES - courts are in the recreation area beside the LWCC office

VOLLEYBALL - may be played in the gym or at the outdoor volleyball pits.

TENNIS - the court is in the field near Parkside Lodge.

TETHERBALL- there are three tetherball poles in the picnic area.

SWIMMING - the outdoor pool is near the water tower/Parkside Lodge. An indoor pool is in the LWCC Activities Center. The beach is in the picnic area.

BOATING - boat docks are at the picnic area. Two and four passenger paddleboats as well as canoes are available. OBEY POSTED RULES.

POOL TABLES - Located in the activity center. Games are 75 cents each.

PING-PONG TABLE - Located in the activity center. Balls are 25 cents.

RACQUET BALL - 2 courts (sign-up required)

- **Boating Rules**

Each person must wear a life jacket (State Law). No more than three (3) persons per canoe. No standing in canoes, splashing with paddles, or intentional capsizing. Please return paddleboats, canoes, oars and life jackets to their proper locations.



## PARTICIPATION RULES & GUIDELINES (cont.)

- **Beach and Outdoor Pool Rules**

The beach and outdoor pool will be available for your use at designated times. All persons using the beachfront and outdoor pool must be wearing a wristband. Life guards are on duty but the "buddy system" is suggested for water safety. No food or drink is allowed on the beach. No roughness will be allowed in the water or on the floating dock. Modest swimwear is required. Diving and jumping off the floating dock **MUST** be into the water in the roped off area. Swimsuits must be put on and changed in the dressing rooms provided at the pool or a "cover-up" must be worn to and from the beach.

- **Indoor Pool Rules**

The indoor pool will be open evenings at designated times. Running or roughness is not permitted in the water or on the deck. No glass is allowed in the pool area. Personal conduct in the pool and bathhouse must be such that safety of self and others is not jeopardized. Swimsuits must be put on and changed in the dressing rooms provided at the pool or a "cover-up" must be worn to and from the pool. No running, pushing or tripping allowed. No sitting on the rope in the pool. No diving is allowed in the indoor pool.

- ◆ **IMPORTANT: Rule Violations and Consequences**

ALL violations or suspected violations of School, Band, or Camp rules will be reported to the Camp Director for investigation and enforcement. Such enforcement will be appropriate to the violation and may range from a simple reprimand, to extra chores or duties, confinement to quarters, being sent home at parent expense, being dropped from the Marching Griffins roster and/or other penalties on return home.



## PARTICIPATION RULES & GUIDELINES (cont.)

### ◆ Additional Participation Guidelines

- **Grooming**

Members are referred to the Band policy on grooming. The Band has been complimented time and again on our appearance, dress, personal grooming and self-discipline. This is an important part of the Lincoln-Way East tradition, and we are proud to maintain this image.

Shirts are required for all gentlemen at all times while outdoors at Camp Williamson. "Sports bras" and halter-tops are not acceptable attire for ladies while at Camp Williamson.

ALL GENTLEMEN are to be clean-shaven at all times. Hair should not be on or over the uniform collar and at least half the ear should be showing. Bangs should not fall below the brow.

ALL LADIES are expected to have a neat CONSERVATIVE hairstyle.

If you have any problems with these guidelines, please notify Mr. Smith, Mr. Spaeth, or Mr. Johnson before leaving for camp.

- **Visitors**

Visits by current or former Band parents and former members accompanied by parents are always welcome. Visits by current members not on the Camp Roster are not allowed unless accompanied by a parent. Visits by others not associated with Lincoln-Way East Bands are prohibited.

Anyone who visits the camp facility should know they will not be allowed to interrupt rehearsals in any way. They should understand that they would only be able to visit with Griffin members during regular breaks. For the safety of everyone's belongings, no visitors will be allowed into dormitories.



## **PARTICIPATION RULES & GUIDELINES (cont.)**

We are unable to provide meals or overnight housing for visitors not on the Camp Roster. The reason for operating our Band Camp at a site removed from the Lincoln-Way area is to encourage complete focus on building a Band Organization.

- **Spending Money**

Basically, all expenses (housing, food, transportation, insurance, etc.) are included in the \$450 camp fee. Spending money will only be needed if Band Campers desire to purchase bottled water, Power Aid, snacks and vending machine beverages, and perhaps camp souvenirs. Bottled water will be available for \$0.25 and Power Aid for \$0.50.

- **Video Cameras**

Video cameras are discouraged. They are allowed for use only at the talent show and must be held by chaperones until that time. A videographer will be at camp to record activities. The end of the year video will include band camp.

### **A FINAL NOTE**

The \$450.00 camp fee paid by the individual member will pay for only a portion of the cost of Band Camp. The Music Boosters are subsidizing the rest. This investment is intended for the training and improvement of the Band and its individual members. Nevertheless, time has been allowed for "fun". It is the sincere hope of the Band Staff and the Music Boosters that the Marching Griffins will return from Band Camp a cohesive, well trained, highly motivated unit ready to pursue excellence during the marching season.

Everyone has high expectations for this band. Make sure that everything you do is only intended to make this musical ensemble the best it can possibly be. All members are reminded of their personal responsibility to see to it that Band Camp is an unqualified success and a positive, beneficial experience for everyone. We must share in the commitment!



## **PARTICIPATION RULES & GUIDELINES (cont.)**

One final word of advice: If you question whether or not this is appropriate/acceptable behavior, it probably is not. (Think before you act: What would happen if everybody did it?) Always keep in mind that it is all about respect. You are a reflection of your home, band, school, community, and most importantly.....yourself. If you are in doubt about something you are about to do, DON'T DO IT!!!



## Student Contact Information

### **CAMP MAILING ADDRESS:**

Joe Trumpet (*substitute your student's name*)  
Lincoln-Way East Band Camp  
Lake Williamson Christian Center  
PO Box 620  
Carlinville, IL 62626

*Note: Mail is distributed daily following the afternoon rehearsal. For the student's safety, any large parcels will be opened only in a chaperone's presence. Also, phone access at camp is very limited. Please keep this in mind to allow all an opportunity to call.*

### **CAMP PHONE NUMBERS:**

1-800-500-5922 (9:00 AM to 5:00 PM)  
1-217-854-4820 (9:00 AM to 5:00 PM)

*Note: A message will be taken, delivered to a staff member and then to the individual student. DO NOT CALL EXCEPT IN CASE OF EMERGENCY.*

### **Note:**

No cell phones are allowed at camp so it would be advisable for students to bring prepaid calling cards for phones or call collect. (In an emergency, chaperones will have personal cell phones and will permit camper use.)



## Packing Checklist...What Do I Need For Camp?

- Instrument and accessories (reeds, oil, etc.)
- Music (all issued to date)
- Three-ring binder for design charts & music
- Plastic sheet protectors for design charts & music (minimum 75)
- Music stand (folding-type with your name on BOTH pieces)
- Set book with a shoelace to tie to your body
- Clothes pins (spring-type-to hold music in outdoor rehearsal)
- Pencils (for music/chart marking - minimum 4)
- Notebook/stationary and/or post cards/stamps
- Soap and toiletries
- Wash cloths, 3 or 4 bath, swimming, and face towels
- Swimming suit "appropriate & conservative" (swimming is NOT mandatory)
- Shorts/Shirts (7 days total) — Worn out, patched, dirty or made-to-look worn out dress is not permitted. Crop/half shirts and excessively short shorts are also not acceptable. Dress must be appropriate for a group camp setting. Suggestive/offensive slogans on shirts are OUT! Use your own "good" judgment. SHIRTS AND SHOES MUST BE WORN AT ALL TIMES!
- Handkerchiefs/Kleenex
- Appropriate sleepwear
- Hangers (you have a closet area suitable for hanging clothes and towels to dry for reuse)
- 1 pair of COMFORTABLE marching shoes ("high-tops" are not acceptable for marching)
- 1 extra pair of shoes
- PLENTY OF SOCKS - plan for 2 pairs per day. Wearing dry socks helps prevent blisters.



## Packing Checklist...What Do I Need For Camp? (cont.)

- ◆ One jacket or sweatshirt/one pair of long pants for chilly evenings
- ◆ A HAT (MANDATORY!!!)
- ◆ Flashlight and batteries
- ◆ Watch
- ◆ Fly Swatter (one per room - check with roommates)
- ◆ WATER BOTTLE LABELED WITH NAME (mandatory!!!) You may wear one designed to be worn on your person if you wish. HINT: Bottles with a wide mouth will make it easier to fill with ice cubes.
- ◆ Sun block, bug spray, band-aids
- ◆ Bedding consisting of:
  - 2 single/double sheets
  - 1 mattress cover/sheet
  - 1 warm blanket -OR- 1 sleeping bag
  - 1 pillow case
  
- ◆ All of the above includes clothing suitable for camp wear. You may also wish to add jeans and sweatshirts in case of cool weather.
  
- ◆ While sportswear is perfectly appropriate, it should be "respectable", as our Camp is open and visited by the public. In addition we will not be the only group in attendance at the camp. Because this is a church related facility, the Lake Williamson staff has high expectations about appropriate dress.
  
- ◆ All campers may want to bring a camera, sunglasses, an alarm clock, etc. It is suggested that roommates decide who will bring the alarm



## Packing Checklist...What Do I Need For Camp? (cont.)

clock, radio, a hair dryer, etc. Share!

- ◆ Special Note: Only personal electronic music devices with head phones may be played on the buses in consideration to our drivers and other passengers.
- ◆ Each camper is allowed ONE suitcase, bedding (sleeping bag & pillow) rolled, tied & placed in a garbage bag in case of rain, & ONE carry on (your shoe-bag) for the bus. (Food is included in the luggage allotment.) Note: Do not tie bedding too securely, it must be checked before loading. **All items are to be clearly tagged and labeled with first and last name, dorm name, & room #.**
- ◆ No electrical cooking devices will be allowed. This is for the safety of all attending camp.